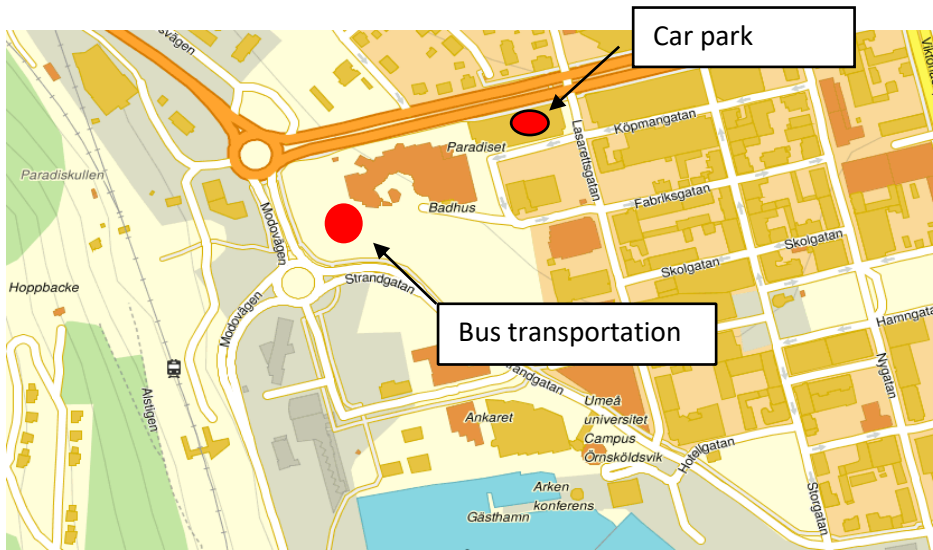


Directions to the bus, the finish and the aid stations

Race bibs and bus transportation in Örnsköldsvik



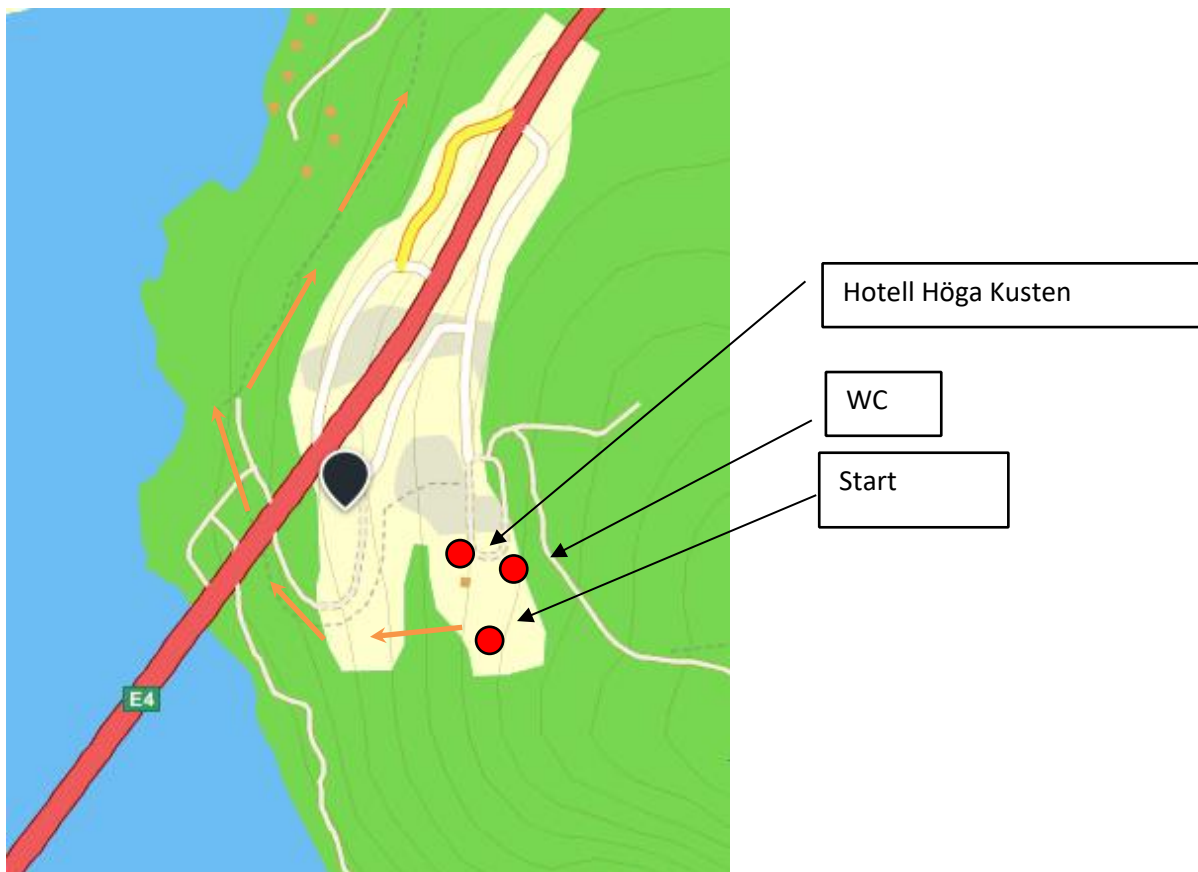
[Link Goolge maps](#)

Race Bibs: 17:00 – 18:00

Bus to the start: 18:30

Start Hotel Höga Kusten 21.00

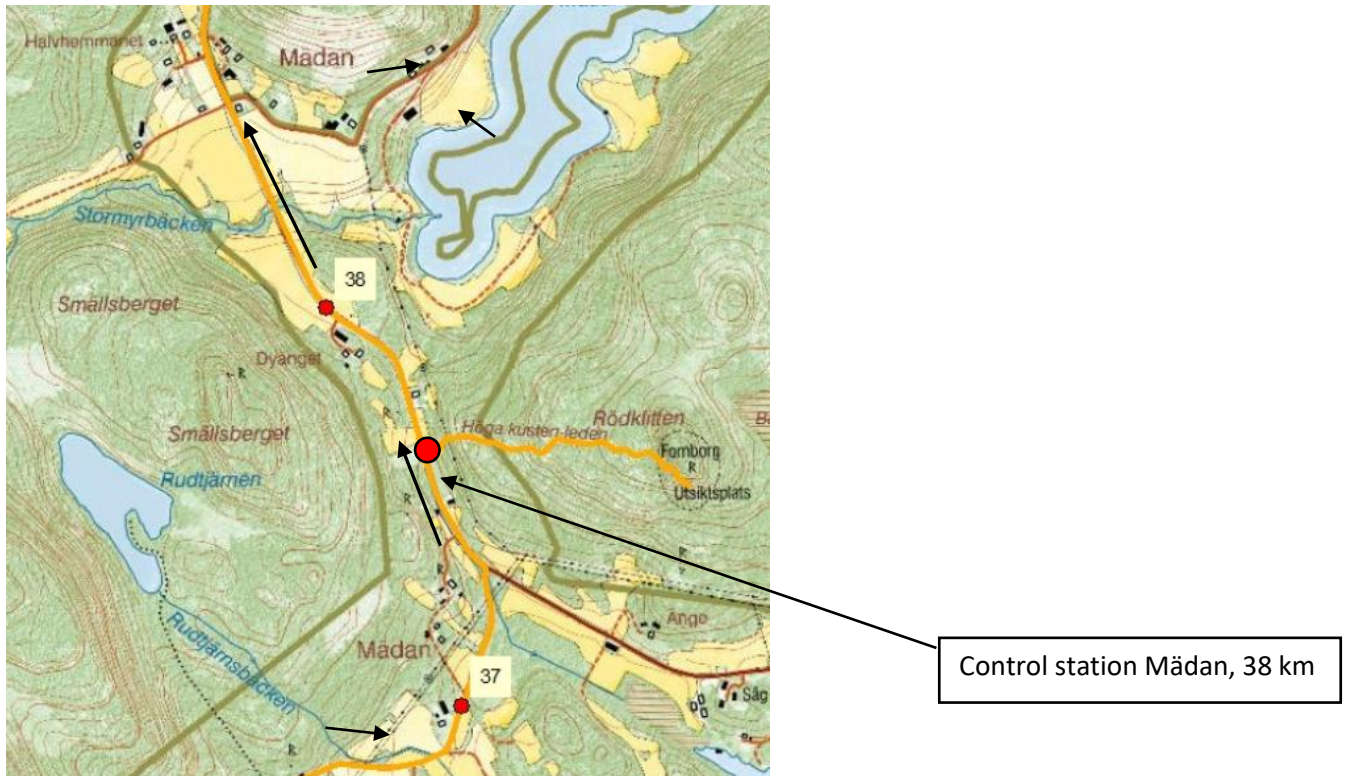
Located next to the E4 just north of the High Coast Bridge. Plenty of parking space available. The start is just behind the hotel, pre race information is held inside the hotel.



[Link Google maps](#)

Food and control station Mädan 38 km:

Turn off the E4 at Gallsäter Södra traffic junction and drive towards Nordingrå. After 5 km turn right at Åsäng. From there it's about 3 km to the control in Mädan.



[Link Google maps](#)

Food and control station Skuleberget och Naturum 75 km:

Turn off the E4 just north of Docksta towards Naturum and Skuleberget.



[Link Google maps](#)

Food and control station Näske 96 km:

Take off from the E4 just after Näske tavern in Skulnäs and drive towards Köpmanholmen. Turn right after 5 km, towards Näske.



[Link Google maps](#)

Food and control station Sandlågan 112 km:

Take off from the E4 at Bjästa. Go through the center and turn right towards the church and Bergom. Drive 4 km after Bergom and then turn right towards Bäck, follow the gravel road to the road end, about 5 km.



[Link Google maps](#)

The finish at Varvsberget 130+ km, Örnsköldsvik

Follow the road that runs parallel to the railway and the water. Turn right towards Varvsberget and Hörnsjön. Then continue right towards the coastal hay. Orange arrows are the running direction and red arrow the road to the finish. **Note that the runners run on the car road the last about 800m so drive carefully.**



[Link Google maps](#)